

South of the Thames 5 Mile Team Race - 23rd November 2024

Hosted by Guildford and Godalming AC at West Horsley Place

Full results EA License CC2024/1340

Pos.	No.	Name	Club	Category	Time	M	W
1	337	Mack Downey	Belgrave Harriers	MS	0:26:33	1	
2	344	Philip Wicks	Belgrave Harriers	M40	0:26:36	2	
3	338	Findlay Dyer	Belgrave Harriers	MS	0:26:37	3	
4	465	Owen Hind	Kent AC	MS	0:26:47	4	
5	460	Cameron Dockerill	Kent AC	MS	0:26:57	5	
6	459	Felix Delgado	Kent AC	MS	0:27:28	6	
7	343	Sam Sommerville	Belgrave Harriers	MS	0:27:36	7	
8	350	Bobby Babaker	Cambridge Harriers	MS	0:27:48	8	
9	431	Tom Foster	Guildford & Godalming AC	M35	0:27:54	9	
10	474	Mathew Speed	Kent AC	MS	0:28:12	10	
11	352	Thomas Brooke	Cambridge Harriers	MS	0:28:18	11	
12	469	Lyndon Marfell	Kent AC	M35	0:28:20	12	
13	435	Charlie Pickett	Guildford & Godalming AC	MS	0:28:24	13	
14	336	Sam Davis	Belgrave Harriers	MS	0:28:40	14	
15	472	Isaac Parker	Kent AC	MS	0:28:43	15	
16	462	Calum Fraser	Kent AC	MS	0:28:59	16	
17	330	Dylan Clarke	Aldershot, Farnham and District AC	MU20	0:29:01	17	
18	398	Ed Gibson	Dulwich Runners AC	MS	0:29:05	18	
19	342	Ben Scott	Belgrave Harriers	MS	0:29:21	19	
20	340	James Preston	Belgrave Harriers	MS	0:29:29	20	
21	374	Matthew Cluett	Dorking & Mole Valley AC	MU20	0:29:38	21	
22	464	Alex Harris	Kent AC	M45	0:29:38	22	
23	477	Alexander Donnelly	Medway and Maidstone AC	MS	0:29:44	23	
24	428	Terry Booth	Guildford & Godalming AC	M55	0:29:51	24	
25	473	Neil Phillips	Kent AC	M45	0:29:53	25	
26	380	Daniel Evans	Dorking & Mole Valley AC	MS	0:29:54	26	
27	335	Ross Christie	Belgrave Harriers	MS	0:29:57	27	
28	457	Samuel Dames	Kent AC	MS	0:30:02	28	
29	357	James MacDonald	Cambridge Harriers	M40	0:30:07	29	
30	238	Georgie Bruinvels	Aldershot, Farnham and District AC	F35	0:30:20		1
31	461	Samuel Evans	Kent AC	M40	0:30:21	30	
32	415	Neil Henderson	Epsom & Ewell Harriers	M45	0:30:53	31	
33	480	Philip Coales	Striders Of Croydon	MS	0:31:03	32	
34	341	Valentin Rigori	Belgrave Harriers	MS	0:31:05	33	
35	479	Andrew Aitken	Striders Of Croydon	M45	0:31:07	34	
36	454	Myles Preston	Herne Hill Harriers	M35	0:31:10	35	
37	399	Warren Keefe	Dulwich Runners AC	M45	0:31:13	36	
38	239	Emily Bradley	Belgrave Harriers	FS	0:31:14		2
39	331	Alistair Clements	Aldershot, Farnham and District AC	MS	0:31:25	37	
40	520	Jack Harrison	South London Harriers	MS	0:31:27	38	

41	346	Dominic Woodbridge	Belgrave Harriers	MS	0:31:29	39	
42	504	Pavel Przepiorski	The Stragglers Running Club	M35	0:31:42	40	
43	456	Alexander Clarkson	Kent AC	MS	0:31:47	41	
44	496	Sam Hawthorn	The Stragglers Running Club	MS	0:31:47	42	
45	521	Liam Hatcher	South London Harriers	M35	0:31:49	43	
46	440	Nick Tearle	Guildford & Godalming AC	M50	0:31:52	44	
47	351	Mattia Bernardi	Cambridge Harriers	MS	0:31:54	45	
48	445	Tom Davies	Hercules Wimbledon AC	MU20	0:31:55	46	
49	252	Emily Robbins	Belgrave Harriers	FS	0:31:57		3
50	416	Jay Koike	Epsom & Ewell Harriers	M40	0:32:02	47	
51	421	Shaun Silander	Epsom & Ewell Harriers	M45	0:32:03	48	
52	397	Shane Donlon	Dulwich Runners AC	M40	0:32:05	49	
53	425	Ian Acreman	Guildford & Godalming AC	M50	0:32:06	50	
54	502	Austin Molnar	The Stragglers Running Club	MS	0:32:09	51	
55	395	James Burrows	Dulwich Runners AC	M40	0:32:18	52	
56	475	Gian Giacomo Valentini	Kent AC	M35	0:32:18	53	
57	291	Aisling Ahern	Kent AC	FS	0:32:20		4
58	441	Mark Tennyson	Guildford & Godalming AC	M60	0:32:27	54	
59	483	James Rhodes	Striders Of Croydon	MS	0:32:29	55	
60	384	Daniel Jeffries	Dorking & Mole Valley AC	M35	0:32:35	56	
61	236	Harriet Preedy	Aldershot, Farnham and District AC	FS	0:32:41		5
62	426	James Adams	Guildford & Godalming AC	M40	0:32:47	57	
63	276	Eleanor Harrison	Guildford & Godalming AC	FS	0:32:50		6
64	489	Donovan Duffy	The Stragglers Running Club	M45	0:32:59	58	
65	401	Alexander Loftus	Dulwich Runners AC	M45	0:33:07	59	
66	383	Nicholas Hodges	Dorking & Mole Valley AC	M45	0:33:19	60	
67	523	Vikram Makkar	South London Harriers	M45	0:33:22	61	
68	407	Matthew Trueman	Dulwich Runners AC	MS	0:33:29	62	
69	468	Joshua Lennard-Jones	Kent AC	MS	0:33:33	63	
70	308	Mary James	South London Harriers	F45	0:33:34		7
71	494	Alistair Hall	The Stragglers Running Club	M35	0:33:35	64	
72	451	Muhamud Haile	Herne Hill Harriers	M55	0:33:37	65	
73	243	Ella-may Hards	Belgrave Harriers	FS	0:33:38		8
74	365	Stephen Thompson	Cambridge Harriers	M45	0:33:40	66	
75	394	Chris Beardsall	Dulwich Runners AC	M55	0:33:41	67	
76	508	James Ruskin	The Stragglers Running Club	M40	0:33:47	68	
77	403	Tom Mountain	Dulwich Runners AC	MS	0:33:49	69	
78	334	Robert Wakefield	Aldershot, Farnham and District AC	M40	0:33:55	70	
79	293	Victoria Cartwright	Kent AC	F40	0:33:59		9
80	240	Lydia Gallyer-Barnett	Belgrave Harriers	FS	0:34:03		10
81	436	Philip Pryke	Guildford & Godalming AC	M50	0:34:15	71	
82	386	Stuart Prentice	Dorking & Mole Valley AC	M45	0:34:20	72	
83	388	Robert Russell	Dorking & Mole Valley AC	M45	0:34:21	73	
84	519	Gavin Englefield	South London Harriers	M45	0:34:26	74	

85	361	David Reader	Cambridge Harriers	M50	0:34:27	75	
86	289	Shannon Sinclair	Herne Hill Harriers	FS	0:34:29		11
87	506	Roy Reeder	The Stragglers Running Club	M55	0:34:34	76	
88	455	James Boustead	Kent AC	MS	0:34:37	77	
89	429	Ian Davies	Guildford & Godalming AC	M50	0:34:41	78	
90	302	Amy White	Kent AC	FS	0:34:43		12
91	487	Robert Chambers	The Stragglers Running Club	M45	0:34:47	79	
92	522	Scott MacKenzie	South London Harriers	M35	0:34:51	80	
93	325	Alexis Prince	The Stragglers Running Club	F45	0:34:52		13
94	453	Glen Keegan	Herne Hill Harriers	M60	0:34:56	81	
95	312	Sue McDonald	South London Harriers	F55	0:35:04		14
96	363	Peter St-Amour	Cambridge Harriers	M45	0:35:10	82	
97	444	Andrew Davies	Hercules Wimbledon AC	M50	0:35:11	83	
98	405	Justin Siderfin	Dulwich Runners AC	M50	0:35:13	84	
99	332	Jasper Ellis	Aldershot, Farnham and District AC	M50	0:35:15	85	
100	482	Andy Perks	Striders Of Croydon	M50	0:35:16	86	
101	360	Christian Poulton	Cambridge Harriers	M55	0:35:17	87	
102	410	Simon Bean	Epsom & Ewell Harriers	M65	0:35:19	88	
103	518	Mark Moore	Guest	M60	0:35:21		
104	253	Jessica Rusby	Belgrave Harriers	FS	0:35:22		15
105	423	Stuart Blunt	Epsom Oddballs RC	M50	0:35:32	89	
106	235	Bea Lafreniere	Aldershot, Farnham and District AC	F45	0:35:47		16
107	376	Tim Dadswell	Dorking & Mole Valley AC	M55	0:35:50	90	
108	281	Holly Shaw	Guildford & Godalming AC	F35	0:35:53		17
109	484	Steve Baller	The Stragglers Running Club	M60	0:35:54	91	
110	377	Rob Dartnell	Dorking & Mole Valley AC	M55	0:36:00	92	
111	261	Ria Woodfield	Dorking & Mole Valley AC	F35	0:36:04		18
112	297	Elyse Jenkins	Kent AC	F35	0:36:07		19
113	271	Charlotte Arkwright	Epsom & Ewell Harriers	FS	0:36:10		20
114	512	Robin Barwick	Tunbridge Wells Harriers	M50	0:36:18	93	
115	266	Harriet Roddy	Dulwich Runners AC	FS	0:36:19		21
116	390	Kev Stroud	Dorking & Mole Valley AC	M60	0:36:20	94	
117	507	Chance Rowan	The Stragglers Running Club	M45	0:36:23	95	
118	364	Benjamin Thompson	Cambridge Harriers	M40	0:36:26	96	
119	447	Peter Lee	Hercules Wimbledon AC	M55	0:36:27	97	
120	273	Amber Brough-Nuesink	Epsom & Ewell Harriers	F45	0:36:32		22
121	358	Graham Maynard	Cambridge Harriers	M60	0:36:38	98	
122	437	Jason Robertshaw	Guildford & Godalming AC	M50	0:37:03	99	
123	356	Martin Leat	Cambridge Harriers	M60	0:37:12	100	
124	306	Ruth Hutton	South London Harriers	F55	0:37:13		23
125	420	Robert Pritchard	Epsom & Ewell Harriers	M45	0:37:20	101	
126	446	Charles Hampden-Smith	Hercules Wimbledon AC	M60	0:37:24	102	
127	427	Charlie Alger	Guildford & Godalming AC	M50	0:37:28	103	
128	382	Robert Greenwood	Dorking & Mole Valley AC	M45	0:37:29	104	

129	448	Ben Revill	Hercules Wimbledon AC	M50	0:37:38	105	
130	417	Guy Laister	Epsom & Ewell Harriers	M45	0:37:51	106	
131	282	Jacqueline White	Guildford & Godalming AC	F40	0:37:54		24
132	316	Claire Curtin	The Stragglers Running Club	F45	0:37:56		25
133	277	Susanna Harrison	Guildford & Godalming AC	F60	0:38:03		26
134	270	Katie Styles	Dulwich Runners AC	F40	0:38:06		27
135	404	Eberhard Prill	Dulwich Runners AC	M60	0:38:10	107	
136	478	Robert Fursey	Medway and Maidstone AC	M60	0:38:17	108	
137	262	Olivia Bishton	Dulwich Runners AC	F50	0:38:17		28
138	406	Stephen Smythe	Dulwich Runners AC	M65	0:38:38	109	
139	248	Marianna Patat	Belgrave Harriers	FS	0:38:43		29
140	375	Andrew Cosmatos	Dorking & Mole Valley AC	M50	0:38:44	110	
141	280	Zoe Rowe	Guildford & Godalming AC	F40	0:39:07		30
142	264	Ange Norris	Dulwich Runners AC	F60	0:39:10		31
143	412	Shaun Cleghorn	Epsom & Ewell Harriers	M50	0:39:12	111	
144	260	Rachel Russell	Dorking & Mole Valley AC	F55	0:39:28		32
145	486	Richard Bulkley	The Stragglers Running Club	M55	0:39:28	112	
146	259	Emily Friend	Dorking & Mole Valley AC	FS	0:39:31		33
147	514	George Harris	Tunbridge Wells Harriers	M50	0:39:33	113	
148	355	David Hunter	Cambridge Harriers	M55	0:39:35	114	
149	439	Gerard Swinley	Guildford & Godalming AC	MS	0:39:43	115	
150	495	Ian Hawkes	The Stragglers Running Club	M60	0:40:02	116	
151	497	Andrew Howarth	The Stragglers Running Club	M60	0:40:08	117	
152	353	Clem Dixon	Cambridge Harriers	M60	0:40:10	118	
153	300	Suzanne Spalding	Kent AC	F50	0:40:19		34
154	485	Simon Brazil	The Stragglers Running Club	M60	0:40:22	119	
155	392	Hugh Balfour	Dulwich Runners AC	M70	0:40:22	120	
156	268	Eleanor Simmons	Dulwich Runners AC	F45	0:40:23		35
157	307	Pamela Iannella	South London Harriers	F65	0:40:32		36
158	298	Jo Mott	Kent AC	FS	0:40:55		37
159	292	Genevieve Blanch	Kent AC	FS	0:40:57		38
160	328	Rachel Simpson	The Stragglers Running Club	F50	0:41:01		39
161	493	Richard Gray	The Stragglers Running Club	M60	0:41:05	121	
162	443	Stewart Bond	Hercules Wimbledon AC	M55	0:41:08	122	
163	257	Paula Carter	Dorking & Mole Valley AC	F50	0:41:11		40
164	278	Isabel Newland-Smith	Guildford & Godalming AC	FS	0:41:15		41
165	517	Andrew Catton	Guest	M70	0:41:17		
166	516	Colin Ricketts	Tunbridge Wells Harriers	M60	0:41:18	123	
167	349	Foyez Ahmed	Cambridge Harriers	MS	0:41:27	124	
168	314	Caroline Welch	South London Harriers	F50	0:41:31		42
169	422	Alan Richmond	Epsom Oddballs	M40	0:41:37	125	
170	290	Jessica Winfield	Herne Hill Harriers	F40	0:41:44		43
171	274	Shelley Cleghorn	Epsom & Ewell Harriers	F45	0:41:49		44
172	510	Simon Webb	The Stragglers Running Club	M45	0:41:50	126	

173	488	James Desmond	The Stragglers Running Club	M55	0:42:10	127	
174	309	Anna Jenkinson	South London Harriers	F50	0:42:13		45
175	414	Gareth George	Epsom & Ewell Harriers	M55	0:42:25	128	
176	503	David Morley	The Stragglers Running Club	M50	0:42:28	129	
177	286	Alexandra Marginean	Herne Hill Harriers	F35	0:42:30		46
178	304	Maggie Statham-Berry	Lingfield RC	F70	0:42:38		47
179	402	Mike Mann	Dulwich Runners AC	M75	0:42:42	130	
180	505	Ed Randall	The Stragglers Running Club	M55	0:42:49	131	
181	381	Richard Grassly	Dorking & Mole Valley AC	M60	0:42:52	132	
182	492	Steven Giddings	The Stragglers Running Club	M60	0:42:56	133	
183	275	Julie Houghton	Epsom & Ewell Harriers	F55	0:43:05		48
184	323	Pamela McHutchon	The Stragglers Running Club	F60	0:43:07		49
185	267	Joanne Shelton Pereda	Dulwich Runners AC	F50	0:43:18		50
186	258	Abigail Edwards-Webber	Dorking & Mole Valley AC	FS	0:43:30		51
187	498	Tom Howarth	The Stragglers Running Club	MS	0:43:40	134	
188	265	Lucy Pickering	Dulwich Runners AC	F55	0:43:48		52
189	513	Marcus Bird	Tunbridge Wells Harriers	M40	0:43:54	135	
190	305	Shun-lai Chan	South London Harriers	F55	0:44:10		53
191	319	Izabel Grindal	The Stragglers Running Club	F60	0:44:14		54
192	509	John Taylor	The Stragglers Running Club	M65	0:44:32	136	
193	347	Geoff Newton	Bournemouth AC	M75	0:44:41	137	
194	322	Ashleigh Lezard	The Stragglers Running Club	F45	0:44:44		55
195	501	Roy Kemp	The Stragglers Running Club	M55	0:44:53	138	
196	411	William Brook	Epsom & Ewell Harriers	M50	0:44:56	139	
197	515	Duncan Ralph	Tunbridge Wells Harriers	M55	0:45:07	140	
198	490	Timothy Ferguson	The Stragglers Running Club	M50	0:45:09	141	
199	317	Merilyn Davis	The Stragglers Running Club	F65	0:45:15		56
200	326	Amy Rolston	The Stragglers Running Club	F45	0:45:19		57
201	295	Anna Delis	Kent AC	F40	0:45:42		58
202	499	Michael Hutchinson	The Stragglers Running Club	M65	1:45:43	142	
203	408	Dave West	Dulwich Runners AC	M65	0:47:14	143	
204	359	Ian McCarthy	Cambridge Harriers	M65	0:47:31	144	
205	391	Charles Wheeler	Dorking & Mole Valley AC	M65	0:48:09	145	
206	315	Sally Boulton	The Stragglers Running Club	F70	0:48:35		59
207	313	Jo Moon	South London Harriers	F45	0:49:01		60
208	500	Paul Keeler	The Stragglers Running Club	M70	0:49:22	146	
209	379	Christopher Edwards	Dorking & Mole Valley AC	M60	0:50:08	147	
210	424	Peter Dry	Epsom Oddballs RC	M70	0:50:20	148	
211	283	Katherine Porter	Hercules Wimbledon AC	F55	0:51:18		61
212	329	Anne Williams	The Stragglers Running Club	F60	0:53:06		62
213	511	Peter Wedderburn	The Stragglers Running Club	M70	0:54:35	149	
214	296	Annabelle Hadlow	Kent AC	F65	0:55:45		63
215	320	Susan Howarth	The Stragglers Running Club	F60	0:58:03		64
216	324	Rachel O'Gara-Lu	The Stragglers Running Club	F35	0:58:34		65

217	438	Daniel Rosier	Guildford & Godalming AC	MU20	1:06:16	150
		Mens team results	4 to score		Positions	Score
		1	Belgrave Harriers	A	1,2,3,7	13
		2	Kent AC	A	4,5,6,10	25
		3	Kent AC	B	12,15,16,22	65
		4	Belgrave Harriers	B	14,19,20,27	80
		5	Guildford & Godalming AC	A	9,13,24,44	90
		6	Cambridge Harriers	A	8,11,29,45	93
		7	Kent AC	C	25,28,30,41	124
		8	Dulwich Runners AC	A	18,36,49,52	155
		9	Dorking & Mole Valley AC	A	21,26,56,60	163
		10	Striders Of Croydon	A	32,34,55,86	207
		11	Aldershot, Farnham and District AC	A	17,37,70,85	209
		12	Epsom & Ewell Harriers	A	31,47,48,88	214
		13	South London Harriers	A	38,43,61,74	216
		14	Guildford & Godalming AC	B	50,54,57,71	232
		15	Dulwich Runners AC	B	59,62,67,69	257
		16	Cambridge Harriers	B	66,75,82,87	310
		17	Dorking & Mole Valley AC	B	72,73,90,92	327
		18	Hercules Wimbledon AC	A	46,83,97,102	328
		19	Guildford & Godalming AC	C	78,99,103, 115	395
		20	Cambridge Harriers	C	96,98,100, 114	408
		21	Dulwich Runners AC	C	84,107,109, 120	420
		22	Dorking & Mole Valley AC	C	94,104,110, 132	440
		23	Epsom & Ewell Harriers	B	101,106,111 , 128	446
		24	Tunbridge Wells Harriers	A	93,113,123, 135	464
		Womens team results	4 to score		Positions	Score
		1	Belgrave Harriers	A	2,3,8,10	23
		2	Kent AC	A	4,9,12,19	44
		3	Guildford & Godalming AC	A	6,17,24,26	73
		4	South London Harriers	A	7,14,23,36	80
		5	Dulwich Runners AC	A	21,27,28,31	107
		6	Dorking & Mole Valley AC	A	18,32,33,40	123
		7	The Stragglers Running Club	A	13,25,39,49	126
		8	Epsom & Ewell Harriers	A	20,22,44,48	134
		9	Kent AC	B	34,37,38,58	167
		10	South London Harriers	B	42,45,53,60	200
		11	The Stragglers Running Club	B	54,55,56,57	222

12	The Stragglers Running Club	C	59,62,64,65	250
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Men's Brent Shield (8 to Score)		
1	Kent AC	90
2	Belgrave Harriers	93
3	Guildford & Godalming AC	322
4	Cambridge Harriers	403
5	Dulwich Runners AC	412
6	Dorking & Mole Valley AC	490
7	Epsom & Ewell Harriers	660