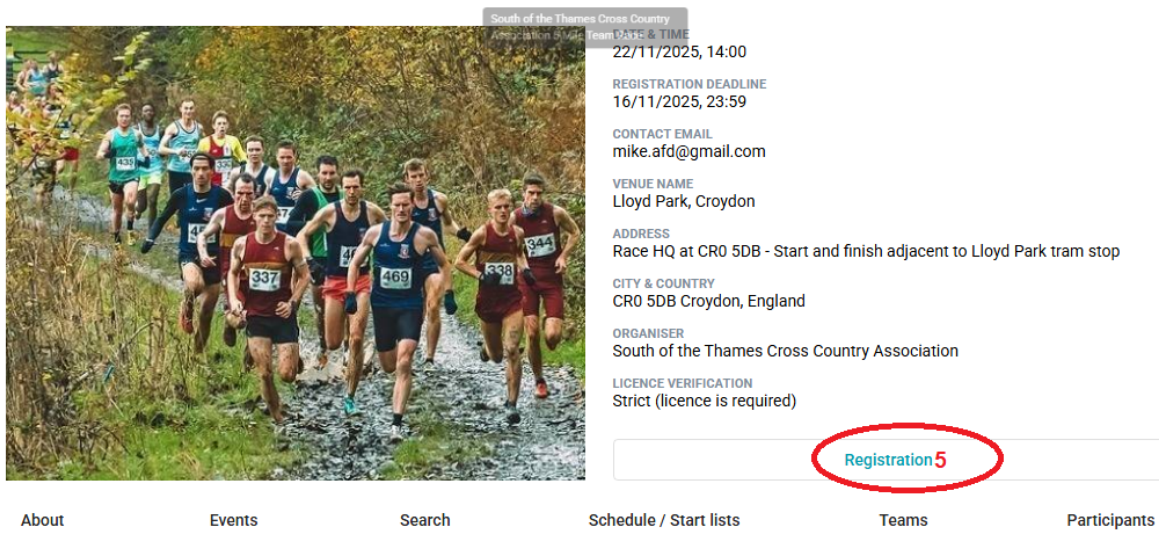


Entering your team for South of The Thames Cross Country using Roster.

1. The South of the Thames AA has moved to Roster for entries and results management from 2025. Whilst it is a new systems for team managers to get used to, it is the England Athletics preferred system and allows us to score results much more easily and hopefully we will be able to do presentations more quickly on race day. It is a system that is becoming increasingly popular in the UK since the link up with England Athletics.
2. **Before you start – make a list of the athletes you want to enter** – *you may find it easier if you have them on a piece of paper next to your computer than if you are clicking between screens.*
You only need your athlete's names, and dates of birth, **but:**
 - a. They must be registered and paid up with England Athletics
 - b. You must enter the same date of birth that England Athletics holds.
3. Go to rosterathletics.com and search for South of the Thames
4. Choose the race you want to enter
5. Click Registration.
6. Click Sign Up (or log in, if you already have an account)

South of the Thames Cross Country Association 5 Mile Team Race



South of the Thames Cross Country Association 5 Mile Team Race

DATE & TIME
22/11/2025, 14:00

REGISTRATION DEADLINE
16/11/2025, 23:59

CONTACT EMAIL
mike.afd@gmail.com

VENUE NAME
Lloyd Park, Croydon

ADDRESS
Race HQ at CR0 5DB - Start and finish adjacent to Lloyd Park tram stop

CITY & COUNTRY
CR0 5DB Croydon, England

ORGANISER
South of the Thames Cross Country Association

LICENCE VERIFICATION
Strict (licence is required)

[Registration 5](#)

About Events Search Schedule / Start lists Teams Participants

Registration

To register for events, please sign up or log in:

[Sign up](#)

6 Already have an account?

[Log in](#)

7. If you have entered athletes from your club before, all eligible athletes will appear in the list below. Simply click Select events from any of your athletes already on this list.
8. If you want to add a new athlete – click – Add Athlete / relay.

Registration

(deadline 16/11/2025, 23:59)

8 Add athlete/relay

Participant	Event	Msg	Fee	Status	Payment status
Alfie ATHLETE M · 07/07/1965 · GBR	Select events				
Joe JOGGER M · 18/01/2006 · GBR	Select events 7				
Raymond RUNNER M · 01/06/1988 · GBR	Select events				
Sally STRIDER F · 22/07/1986 · GBR	Select events				

9. If you are Adding an athlete – you just enter:

- i. First Name
- ii. Last Name
- iii. Male / Female
- iv. Date of Birth
- v. Country (England or UK)
- vi. Click – add club/school and search for the club – they are all there
- vii. Click save

Create new athlete

×

i

Given name (first) *

Chris

ii

Middle name (optional)

iii

Surname (last) *

Thompson

iv

Competition Category *

☒ Male
 ☐ Female

v

Date of birth *

17/04/1981

vi

Country

United Kingdom

Club/school association *

☐ Unattached
 ☒ Aldershot Farnham & District · England

Para class: Track and Jump

Para class: Throws

☒ Auto-format names

Reset

Save vii

10. The new athlete you have created will now be in your athlete list

Registration

(deadline 16/11/2025, 23:59)

Participant	Event
Alfie ATHLETE M · 07/07/1965 · GBR	Select events
Chris THOMPSON M · 17/04/1981 · GBR	Select events
Joe JOGGER M · 18/01/2006 · GBR	Select events
Raymond RUNNER M · 01/06/1988 · GBR	Select events
Sally STRIDER F · 22/07/1986 · GBR	Select events

11. Add all of the athletes you wish to enter – then for each athlete – click, select events.
12. Select the box for the event you wish to enter them into
(men will be able to be entered into the male event, women into the female event).
13. Click submit – then repeat for each athlete.

Pick events

Chris Thompson · 17/04/1981 · GBR

Aldershot Farnham & District (click to change)

Event	Gender	Age group	Fee (GBP)	Message	
8km XC	Men	Senior	4.00 (non-refundable)		☒ 12

Close

Submit 13

14. After a few seconds the Status for each athlete entered will change to “Approved” – and the Payment Status to “Required”

15. Click Payment – and then pay by card etc.

Participant	Event	Msg	Fee	Status	Payment status
Alfie ATHLETE					
M · 07/07/1965 ·  GBR	Select events				
	8km XC · Men · Senior		GBP 4.00 (non-refundable)	Approved	Required 14
Chris THOMPSON					
M · 17/04/1981 ·  GBR	Select events				
	8km XC · Men · Senior		GBP 4.00 (non-refundable)	Approved	Required
				Payment 15	

Hints and tips

- You can add your athletes bit by bit – and then pay in one go before the closing date.*
- The next time you enter a race in roster – all of the athletes you have entered before will already be there.*
- If you have a problem entering someone it's **probably** because Roster can't verify their EA license:*
 - Check that the date of birth you have entered EXACTLY matches the date of birth on the EA portal.*
 - Check that they are actually showing as paid up / registered on the EA portal.*
- I chose Chris Thompson because he's a professional sportsman and his date of birth is in the public domain – don't expect to see him at Croydon or Wimbledon this year though!*

Any more issues – please contact roster support directly – they are very helpful.

Thanks

Mike Boucher

South of the Thames Race Secretary