

SOUTH OF THE THAMES
CROSS COUNTRY ASSOCIATION

Est. 1893, Affiliated to UKA

Tel 01202 433486

CHAMPIONSHIP RACE 2025, WIMBLEDON COMMON
SATURDAY 20 DECEMBER 2025

Travel: The nearest railway station is Wimbledon. This is about 2 Km from the race HQ near the Fox & Grapes pub at the junction of West Side and The Causeway. What three words: **bridge.quest.bought** or postcode **SW19 4UN**.

Parking: There is limited street parking in the area, much of it subject to parking charges. Please car share or use public transport if possible, particularly in fine weather when the general public will take up much of the parking.

Facilities: Portaloos.

Start: This is at **2pm**. Men and women start and run together but will be recorded separately for the results. A bar code system will be in use. **Number collection from race HQ.**

Race HQ: A marquee on the common near the Fox & Grapes public house.

Course: This is one short lap followed by two long laps. At least one hill per lap. Terrain is mixed including grass, mud, woodland paths, gravel and cobbled tracks. The course is not ideal for spikes. A course map will be available in due course on the SOTCCA website www.sotcca.org.uk . Beware ruts, tree roots and overhanging branches.

Teams: Teams comprise six runners for both men's and women's teams in order of finishing. There are no team declarations, or restrictions on the number of runners. First claim runners only. A bar code system will be in operation so runners should stay in order of finishing until their numbers have been scanned.

Entries: The race is open to all clubs affiliated to the South of the Thames Cross Country Association. The 2025 Club Affiliation Fee of £10 should be paid via Roster before entries are made. A link to Roster can be found on our website www.sotcca.org.uk

The entry fee is £4 per runner up to the closing date of Saturday 13th December 2025 payable and £8 per runner for late entries up to *Friday 19th December 2025*. Entries should be made via the Roster website.

IMPORTANT NOTES TO TEAM MANAGERS

1. Late Entries, etc.

You are reminded that entry on the day is not normally permitted. A motion proposed by me at the 2011 AGM to allow this, subject to payment of a surcharge was very heavily defeated. If you don't like this, you should attend the AGM in future and take more interest in the running of the Association.

In exceptional circumstances team managers should contact Mike Boucher the race secretary ASAP. His discretion is absolute and final.

You are also reminded that unauthorised substitutions and 2nd claim runners are also not permitted. This caused problems at the 2010 races when runners running under other runner's numbers won awards (one in the wrong age category!!) and compounded the problem by not coming clean at the time. We were lenient on these occasions but will not be so in future. Individuals or even complete teams will be disqualified in future. Repeat offenders beware!

The race entry fee is still relatively low, so that when in doubt clubs do not lose out greatly by entering runners on spec. However, in these days when most people are on email, it is usually possible to establish who may or may not be available with relatively little effort.

2. Affiliation Fees

The race is open to runners from SOTCCA affiliated clubs only. Affiliation is online only. The club affiliation fee is only £10.00 p.a. + £1 processing fee per year.

The link can be found on our website www.sotcca.org.uk. Affiliation is open to all clubs in the South and West of England based south of the river Thames. Where clubs straddle the Thames such as Oxford, WSEH, or Thames Valley H., entry is only permitted provided the club in question does not also compete in the North of the Thames Races.

3. Medical conditions

As a precaution, could any runners with significant medical conditions or on medication please inform their team manager or write these details on the reverse of their number. Ditto if they are allergic to any particular drugs, like penicillin or anything else which might be administered in the unfortunate event of a medical crisis.

4. Marshals

Whilst we hope to have the course adequately marshalled, it will be helpful if clubs who are able to provide a marshal or two on the day, preferably letting me know in advance. Help with marking the course would also be much appreciated, please let us know if you are willing to help, telephone me on 01202 433486 or email charlesdickinson@hotmail.co.uk

5. Statutory Notice

All entrants shall be deemed to have made themselves familiar with and agreed to be bound by UKA Anti-Doping Rules and to submit to the authority of UKA Anti-Doping in the application and enforcement of the UKA Anti-Doping Rules.

Thank you

Geoff Newton,

Gen Sec SOTCCA