

South of the Thames 7.5 Mile Championship Race - 21st December 2024

Hosted by Tonbridge AC at Somerhill School

Full results EA License CC2024/1434

Pos.	No.	Name	Club	Category	Time	M	W
1	731	Cole Gibbens	Tonbridge Ac	MS	00:43:21	1	
2	724	Stuart Brown	Tonbridge Ac	MS	00:43:39	2	
3	575	Findlay Dyer	Belgrave Harriers	MS	00:43:49	3	
4	738	Lewis Mills	Tonbridge Ac	MS	00:43:59	4	
5	745	Matthew Taylor	Tonbridge Ac	MS	00:44:06	5	
6	735	Alex Howard	Tonbridge Ac	MS	00:44:49	6	
7	668	Edward Mallett	Hercules Wimbledon AC	MS	00:44:55	7	
8	602	Matthew Grindrod	Brighton & Hove AC	MS	00:45:06	8	
9	790	Peter Chambers	Highgate Harriers - Guest	MS	00:45:09	9	
10	732	Jamie Goodge	Tonbridge Ac	MS	00:45:17	10	
11	726	James Crombie	Tonbridge Ac	MS	00:46:14	11	
12	739	Ben Pearce	Tonbridge Ac	MS	00:46:19	12	
13	670	Sam Todd	Hercules Wimbledon AC	MS	00:46:32	13	
14	698	Ben Tyler	Medway and Maidstone AC	M35	00:46:42	14	
15	586	Sam Sommerville	Belgrave Harriers	MS	00:46:51	15	
16	582	Jonny Neville	Belgrave Harriers	MS	00:47:17	16	
17	584	Ben Ringrose-Voase	Belgrave Harriers	MS	00:47:30	17	
18	737	Jamie Macdonald	Tonbridge AC	MU20	00:47:38	18	
19	604	Bobby Babaker	Cambridge Harriers	MS	00:47:54	19	
20	583	James Preston	Belgrave Harriers	MS	00:48:11	20	
21	736	Thomas Lockhart	Tonbridge Ac	MS	00:48:22	21	
22	688	Joseph Vis	Kent AC	MS	00:48:27	22	
23	682	Lyndon Marfell	Kent AC	M35	00:48:37	23	
24	740	Mark Pepper	Tonbridge Ac	MS	00:48:43	24	
25	594	Micah Evans	Blackheath & Bromley HAC	M40	00:48:46	25	
26	601	Andrew Green	Brighton & Hove AC	MS	00:48:57	26	
27	600	Jake Forrest	Brighton & Hove AC	MS	00:49:02	27	
28	591	Gregory Bull	Blackheath & Bromley HAC	MS	00:49:12	28	
29	585	Ben Scott	Belgrave Harriers	MS	00:49:21	29	
30	592	Nicholas Clegg	Blackheath & Bromley HAC	MS	00:49:24	30	
31	589	Daniel Wolff	Belgrave Harriers	MS	00:49:29	31	
32	722	Isaac Arnott	Tonbridge Ac	MU20	00:49:34	32	
33	747	Oliver White	Tonbridge Ac	MS	00:49:40	33	
34	579	Rob Kelly	Belgrave Harriers	MS	00:49:48	34	
35	596	Graeme Lugar	Blackheath & Bromley HAC	MS	00:49:51	35	
36	788	Oliver Waymark	Tunbridge Wells Harriers	MS	00:49:52	36	
37	656	Steve Winder	Epsom & Ewell Harriers	M50	00:49:54	37	
38	693	Justin Lane	Medway and Maidstone AC	M45	00:50:07	38	
39	595	Harry Fage	Blackheath & Bromley HAC	MU20	00:50:11	39	

40	617	Douglas Aikman	Croydon Harriers	MU20	00:50:13	40	
41	609	James MacDonald	Cambridge Harriers	M40	00:50:18	41	
42	672	Jeff Cunningham	Herne Hill Harriers	M40	00:50:20	42	
43	237	Georgie Bruinvels	Aldershot, Farnham & D. AC	F35	00:50:33		1
44	677	James Boustead	Kent AC	MS	00:50:51	43	
45	603	Ziad Wattar	Brighton & Hove AC	M40	00:51:02	44	
46	624	Matthew Cluett	Dorking & Mole Valley AC	MU20	00:51:22	45	
47	299	Rachel Brown	Belgrave Harriers	FS	00:51:26		2
48	703	Bruce Harrold	South London Harriers	M45	00:51:36	46	
49	413	Emily Robbins	Belgrave Harriers	FS	00:51:40		3
50	637	Warren Keefe	Dulwich Runners AC	M45	00:51:47	47	
51	561	Dylan Clarke	Aldershot, Farnham & D. AC	MU20	00:51:52	48	
52	660	Terry Booth	Guildford & Godalming AC	M55	00:52:06	49	
53	568	George Hinkley	Ashford & District RRC	MS	00:52:15	50	
54	730	Ananjan Ganguli	Tonbridge Ac	MU20	00:52:19	51	
55	581	Conall McNally	Belgrave Harriers	MS	00:52:24	52	
56	785	Edward Steele	Tunbridge Wells Harriers	M40	00:52:35	53	
57	541	Bethanie Murray	Thames Hare & Hounds	FS	00:52:52		4
58	742	Tom Rule	Tonbridge Ac	M40	00:53:09	54	
59	615	Ben Rew	Cambridge Harriers	M45	00:53:14	55	
60	763	Ed Fraser	Tunbridge Wells Harriers	M50	00:53:17	56	
61	664	Nick Tearle	Guildford & Godalming AC	M50	00:53:20	57	
62	562	Ben Dakin	Aldershot, Farnham & D. AC	MU20	00:53:24	58	
63	651	Damien Hersey	Epsom & Ewell Harriers	M40	00:53:51	59	
64	776	Keith Mitchell	Tunbridge Wells Harriers	M45	00:54:10	60	
65	728	Michael Ellis	Tonbridge Ac	MS	00:54:15	61	
66	702	Jack Harrison	South London Harriers	MS	00:54:19	62	
67	633	Jim Addison	Dulwich Runners AC	M50	00:54:26	63	
68	716	Charles Taylor	Thames Hare & Hounds	MS	00:54:28	64	
69	294	Emily Bradley	Belgrave Harriers	FS	00:54:34		5
70	658	James Adams	Guildford & Godalming AC	M40	00:54:46	65	
71	694	Alun Rodgers	Medway and Maidstone AC	M55	00:54:57	66	
72	723	Anthony Bennett	Tonbridge Ac	M45	00:55:25	67	
73	638	Alexander Loftus	Dulwich Runners AC	M45	00:55:45	68	
74	708	Andrew Aitken	Striders Of Croydon	M45	00:55:49	69	
75	534	Abigail Royden	Medway and Maidstone AC	FU20	00:55:58		6
76	665	Mark Tennyson	Guildford & Godalming AC	M60	00:56:29	70	
77	613	Mark Penny	Cambridge Harriers	M40	00:56:39	71	
78	552	Amelie Karlsson	Tunbridge Wells Harriers	FS	00:56:43		7
79	699	Samuel Wairimu	Medway and Maidstone AC	M35	00:57:12	72	
80	718	Pavel Przepiorski	The Stragglers Running Club	M35	00:57:22	73	
81	567	Iain Dickson	Ashford & District RRC	M35	00:57:24	74	

82	707	Vikram Makkar	South London Harriers	M45	00:57:29	75	
83	630	Sam Ivin	Dorking & Mole Valley AC	MS	00:57:31	76	
84	755	Peter Bell	Tunbridge Wells Harriers	MS	00:57:38	77	
85	712	James Rhodes	Striders Of Croydon	MS	00:57:45	78	
86	526	Sophie Glencross	Epsom & Ewell Harriers	FU20	00:57:48		8
87	748	Peter Adams	Tri Surrey Triathlon Club	M45	00:57:52	79	
88	767	Alex Holmes	Tunbridge Wells Harriers	M45	00:57:58	80	
89	371	Lara Mangan	Belgrave Harriers	FS	00:58:05		9
90	303	Laura Goodson	Belgrave Harriers	FS	00:58:06		10
91	683	Alex Morales	Kent AC	M45	00:58:10	81	
92	641	Justin Siderfin	Dulwich Runners AC	M50	00:58:26	82	
93	783	James Sarre	Tunbridge Wells Harriers	M45	00:58:34	83	
94	754	Robin Barwick	Tunbridge Wells Harriers	M50	00:58:38	84	
95	690	Adam Featherstone	Medway and Maidstone AC	M50	00:58:42	85	
96	700	Gavin Englefield	South London Harriers	M45	00:58:54	86	
97	673	Muhamud Haile	Herne Hill Harriers	M55	00:59:13	87	
98	373	Samantha Munday	Belgrave Harriers	FS	00:59:15		11
99	663	Philip Pryke	Guildford & Godalming AC	M50	01:00:01	88	
100	676	Daniel Ansell	Kent AC	M35	01:00:02	89	
101	597	Ian Scott	Blackheath & Bromley HAC	M45	01:00:04	90	
102	572	Jon Pearce	Ashford & District RRC	M40	01:00:05	91	
103	619	Jacob Armstrong Plieth	Croydon Harriers	M50	01:00:12	92	
104	647	Stuart Flack	Epsom & Ewell Harriers	M50	01:00:22	93	
105	655	James Wilson	Epsom & Ewell Harriers	M45	01:00:27	94	
106	640	Garry Meehan	Dulwich Runners AC	M60	01:00:37	95	
107	616	Peter St-Amour	Cambridge Harriers	M45	01:00:52	96	
108	775	Ken MacSporran	Tunbridge Wells Harriers	M45	01:00:58	97	
109	368	Olivia Lucas	Belgrave Harriers	FS	01:01:05		12
110	787	Geoff Turner	Tunbridge Wells Harriers	M60	01:01:08	98	
111	573	David Tomlinson	Ashford & District RRC	M50	01:01:14	99	
112	449	Elise Hollis	Dorking & Mole Valley AC	FU20	01:01:15		13
113	746	Michael Thomson	Tonbridge Ac	M55	01:01:32	100	
114	644	Simon Bean	Epsom & Ewell Harriers	M65	01:01:40	101	
115	571	Adrian Moody	Ashford & District RRC	M60	01:01:51	102	
116	772	Mike King	Tunbridge Wells Harriers	M45	01:02:01	103	
117	720	Steve Clelland	The Stragglers Running Club	M40	01:02:06	104	
118	710	J Gallagher	Striders Of Croydon	M35	01:02:12	105	
119	418	Madeleine Armstrong-Plieth	Croydon Harriers	F40	01:02:14		14
120	759	Stuart Corke	Tunbridge Wells Harriers	M55	01:02:17	106	
121	563	Jasper Ellis	Aldershot, Farnham & D. AC	M50	01:02:18	107	
122	778	James Palmer	Tunbridge Wells Harriers	M50	01:02:21	108	
123	766	Saul Harris	Tunbridge Wells Harriers	M50	01:02:32	109	

124	646	Simon Evans	Epsom & Ewell Harriers	M55	01:02:34	110	
125	771	Andrew Joad	Tunbridge Wells Harriers	M60	01:02:48	111	
126	769	Elliott Hughes	Tunbridge Wells Harriers	M45	01:02:57	112	
127	695	Sean Rodwell	Medway and Maidstone AC	M35	01:02:59	113	
128	706	Scott MacKenzie	South London Harriers	M35	01:03:26	114	
129	719	Chance Rowan	The Stragglers Running Club	M45	01:03:42	115	
130	653	Robert Pritchard	Epsom & Ewell Harriers	M45	01:03:49	116	
131	544	Tina Oldershaw	Tonbridge Ac	F55	01:03:55		15
132	765	George Harris	Tunbridge Wells Harriers	M50	01:03:58	117	
133	632	Kev Stroud	Dorking & Mole Valley AC	M60	01:04:06	118	
134	470	Harriet Roddy	Dulwich Runners AC	FS	01:04:12		16
135	565	Adrian Beresford	Ashford & District RRC	M60	01:04:13	119	
136	611	Graham Maynard	Cambridge Harriers	M60	01:04:16	120	
137	452	Ola Balme	Dulwich Runners AC	F55	01:04:19		17
138	753	Stephen Austin	Tunbridge Wells Harriers	M65	01:04:20	121	
139	607	James Floyd	Cambridge Harriers	M45	01:04:23	122	
140	556	Tara Taylor	Tunbridge Wells Harriers	F60	01:04:28		18
141	642	Stephen Smythe	Dulwich Runners AC	M65	01:04:29	123	
142	751	Stuart Harding	Tri Surrey Triathlon Club	M50	01:04:30	124	
143	652	Guy Laister	Epsom & Ewell Harriers	M45	01:04:35	125	
144	691	Robert Fursey	Medway and Maidstone AC	M60	01:04:41	126	
145	550	Ali Farrall	Tunbridge Wells Harriers	F50	01:05:09		19
146	625	Andrew Cosmatos	Dorking & Mole Valley AC	M50	01:05:11	127	
147	409	Sara Ridmy	Belgrave Harriers	FS	01:05:16		20
148	467	Ange Norris	Dulwich Runners AC	F60	01:05:21		21
149	717	Gareth Pritchard	The Stragglers Running Club	M55	01:05:24	128	
150	629	Robert Greenwood	Dorking & Mole Valley AC	M45	01:05:31	129	
151	626	Ceri Davies	Dorking & Mole Valley AC	M40	01:05:38	130	
152	762	Dan Foster	Tunbridge Wells Harriers	M50	01:05:43	131	
153	659	Charlie Alger	Guildford & Godalming AC	M50	01:05:55	132	
154	606	Clem Dixon	Cambridge Harriers	M60	01:06:03	133	
155	782	Martin Sands	Tunbridge Wells Harriers	MS	01:06:13	134	
156	721	Malcolm Fletcher	The Stragglers Running Club	M65	01:06:18	135	
157	715	Robert Zietz	Striders of Croydon	M65	01:06:23	136	
158	685	Ed Osborne	Kent AC	M45	01:06:31	137	
159	654	James Thomas	Epsom & Ewell Harriers	M55	01:06:57	138	
160	758	Richard Bysouth	Tunbridge Wells Harriers	M45	01:07:03	139	
161	605	Robert Barns	Cambridge Harriers	MS	01:07:09	140	
162	543	Rebecca Morton	Tonbridge Ac	F35	01:07:16		22
163	733	Richard Harris	Tonbridge AC	M45	01:07:44	141	
164	768	Pete Holmes	Tunbridge Wells Harriers	M40	01:07:51	142	
165	525	Katie Styles	Dulwich Runners AC	F40	01:08:35		23

166	471	Eleanor Simmons	Dulwich Runners AC	F45	01:09:01		24
167	760	Andrew Deighton	Tunbridge Wells Harriers	M55	01:09:14	143	
168	458	Olivia Bishton	Dulwich Runners AC	F50	01:09:31		25
169	564	Andrew Hislop	Aldershot, Farnham & D. AC	M55	01:09:36	144	
170	701	John Foss	South London Harriers	M65	01:09:44	145	
171	627	Fraser Dawson	Dorking & Mole Valley AC	M55	01:10:17	146	
172	623	Colin Oxlade	Croydon Harriers	M65	01:10:31	147	
173	662	Robert Harrison	Guildford & Godalming AC	M55	01:10:39	148	
174	551	Jillian Holford	Tunbridge Wells Harriers	F50	01:10:42		26
175	648	Peter Frost	Epsom & Ewell Harriers	M55	01:11:16	149	
176	781	Colin Ricketts	Tunbridge Wells Harriers	M60	01:11:23	150	
177	288	Victoria Stone	Ashford & District RRC	FS	01:11:26		27
178	542	Grazia Manzotti	Tonbridge Ac	F55	01:11:35		28
179	537	Pamela Iannella	South London Harriers	F65	01:11:38		29
180	666	Peter Wootton	Guildford & Godalming AC	M55	01:11:42	151	
181	533	Maggie Statham-Berry	Lingfield RC	F70	01:12:08		30
182	621	Terry Lapins	Croydon Harriers	M35	01:12:51	152	
183	284	Ailis Goddard	Ashford & District RRC	F40	01:13:12		31
184	532	Sarah Young	Kent AC	F55	01:14:23		32
185	620	Andrew Del Nevo	Croydon Harriers	M55	01:14:31	153	
186	764	Daniel Goddard	Tunbridge Wells Harriers	M40	01:14:49	154	
187	770	Geoff Hurrell	Tunbridge Wells Harriers	M60	01:15:06	155	
188	540	Caroline Welch	South London Harriers	F50	01:15:17		33
189	598	Geoff Newton	Bournemouth AC	M75	01:15:31	156	
190	419	Abigail Edwards-Webber	Dorking & Mole Valley AC	FS	01:16:09		34
191	622	James Moore	Croydon Harriers	M50	01:16:19	157	
192	554	Julie McPherson	Tunbridge Wells Harriers	F45	01:16:33		35
193	779	Nicholas Pierce	Tunbridge Wells Harriers	M65	01:17:00	158	
194	255	Tracey Calnan	Ashford & District RRC	F55	01:17:07		36
195	681	Ronnie Haydon-Jones	Kent AC	F60	01:17:28		37
196	756	Marcus Bird	Tunbridge Wells Harriers	M40	01:17:50	159	
197	463	Midge Cameron	Dulwich Runners AC	F60	01:17:57		38
198	531	Suzanne Spalding	Kent AC	F50	01:18:08		39
199	743	Scott Shurmer	Tonbridge Ac	M50	01:18:13	160	
200	780	Duncan Ralph	Tunbridge Wells Harriers	M55	01:18:57	161	
201	645	William Brook	Epsom & Ewell Harriers	M50	01:19:45	162	
202	773	Paul Kromm	Tunbridge Wells Harriers	M65	01:19:57	163	
203	757	Sam Bridger	Tunbridge Wells Harriers	M35	01:22:21	164	
204	558	Joan Woodward	Tunbridge Wells Harriers	F50	01:22:36		40
205	557	Alexandra Wolley	Tunbridge Wells Harriers	F35	01:23:25		41
206	559	Lucy Wright	Tunbridge Wells Harriers	FS	01:24:44		42
207	649	Gareth George	Epsom & Ewell Harriers	M55	01:30:51	165	
208	657	Peter Dry	Epsom Oddballs RC	M70	01:39:12	166	

Age Group Gold Medals							
25	594	Micah Evans	Blackheath & Bromley HAC	M40-49	00:48:46	25	
37	656	Steve Winder	Epsom & Ewell Harriers	M50-59	00:49:54	37	
76	665	Mark Tennyson	Guildford & Godalming AC	M60+	00:56:29	70	
119	418	Madeleine Armstrong-Plieth	Croydon Harriers	F40-49	01:02:14		14
131	544	Tina Oldershaw	Tonbridge Ac	F50-59	01:03:55		15
140	556	Tara Taylor	Tunbridge Wells Harriers	F60+	01:04:28		18
Mens team results - Dewar Shield						Score	
1	Tonbridge Ac		1,2,4,5,6,9	A	27		
2	Belgrave Harriers		3,14,15,16,19,28	A	95		
3	Tonbridge Ac		10,11,17,20,23,31	B	112		
4	Blackheath & Bromley HAC		24,27,29,34,38,89	A	241		
5	Tunbridge Wells Harriers		35,52,55,59,76,79	A	356		
6	Tonbridge Ac		32,50,53,60,66,99	C	360		
7	Medway and Maidstone AC		13,37,65,71,84,112	A	382		
8	Kent AC		21,22,42,80,88,136	A	389		
9	Cambridge Harriers		18,40,54,70,95,119	A	396		
10	Guildford & Godalming AC		48,56,64,69,87,131	A	455		
11	Dulwich Runners AC		46,62,67,81,94,122	A	472		
12	Epsom & Ewell Harriers		36,58,92,93,100,109	A	488		
13	South London Harriers		45,61,74,85,113,144	A	522		
14	Ashford & District RRC		49,73,90,98,101,118	A	529		
15	Tunbridge Wells Harriers		82,83,96,97,102,105	B	565		
16	Dorking & Mole Valley AC		44,75,117,126,128,129	A	619		
17	Tunbridge Wells Harriers		107,108,110,111,116, 120	C	672		
18	Croydon Harriers		39,91,146,151,152,156	A	735		
19	Tunbridge Wells Harriers		130,133,138,141,142, 149	D	833		
20	Epsom & Ewell Harriers		115,124,137,148,161, 164	B	849		
21	Tunbridge Wells Harriers		153,154,157,158,160, 162	E	944		
Womens team results - Derek Crookes Trophy						Score	
1	Belgrave Harriers		2,3,5,9,10,11		40		
2	Dulwich Runners AC		16,17,21,23,24,25		126		
3	Tunbridge Wells Harriers		7,18,19,26,35,40		145		
Men's 12 to Score - Coleman Cup							
1	Tonbridge Ac		139				
2	Tunbridge Wells Harriers		921				
3	Epsom & Ewell Harriers		1337				

