

Over all	M/W Race				Over all	M/W Race			
101	M94	James Booth M40	Ashf	50:27	151	M131	Michael King M40	TWH	54:08
102	M95	Peter Lee M55	HW	50:31	152	M132	Hayden Thirkell	TWH	54:17
103	M96	John Gilchrist	Kent	50:45	153	M133	Adrian Moody M55	Ashf	54:30
104	M97	Des Crinion	Dul R	50:52	154	M134	Neil Aikman M50	Croy	54:32
105	M98	Robert Wakefield	AFD	50:54	155	W20	Victoria Buck W45	Kent	54:33
106	W7	Kay Sheedy	Dul R	50:58	156	M135	Malcolm Fletcher M60	Strag	54:39
107	M99	Callum Cant	Kent	50:59	157	W21	Ali Farrell W45	Kent	54:40
108	M100	Neil Phillips M40	Kent	51:01	158	W22	Ange Norris W60	Dul R	54:47
109	W8	Grace Leyland	HHH	51:04	159	M136	Darren Fagg M40	Ashf	54:48
110	M101	Jacob Armstrong-Pleth M45	Croy	51:06	160	W23	Madeleine Baptiste	Strag	54:52
111	W9	Natalie Beadle	Belg	51:08	161	M137	Colin Timmins M55	TWH	54:53
112	M102	Joseph Ibe M40	SoC	51:18	162	M138	Robin Butler M50	Ashf	54:55
113	M103	Steve Hough M45	B&B	51:20	163	M139	William Arbury M55	E&E	54:56
114	M104	Mark Dudgeon M45	SLH	51:24	164	W24	Amber Brough Nuesink W40	SuttR	54:58
115	W10	Teresa Murphy W40	Kent	51:29	165	W25	Laura Marshall W45	Croy	55:03
116	M105	Simon Bean M60	E&E	51:38	166	W26	Phyllis Flynn W55	Strag	55:04
117	W11	Mimi Carden-Lloyd	Belg	51:39	167	M140	Grant Kennedy	Dul R	55:11
118	M106	Peter Lee M55	HW	51:40	168	M141	Ben Calascione M50	Beck	55:15
119	M107	Terry Booth M55	G&G	51:44	169	M142	Adrian Beresford M55	Ashf	55:19
120	M108	Philip Reeves M45	WW	51:47	170	M143	Andy Cowen M50	SyTri	55:26
121	M109	Chris Lydon M55	Kent	51:49	171	M144	Steve Hodges M55	Ashf	55:28
122	M110	Tom Rule M40	Ton	51:51	172	M145	Mark Pattinson M60	Strag	55:32
123	M111	Chris Potter M50	Ton	51:56	173	M146	George Harris M45	TWH	55:50
124	M112	Paul Crisp M45	Ashf	51:57	174	W27	Andrea Stehlikova	THH	55:53
125	M113	Wayne Flanagan	Kent	52:03	175	M147	Peter Cottingham M55	Rane	55:54
126	M114	Tom Gillespie M50	SoC	52:11	176	317	not identified		56:01
127	W12	Laurel Bray	Belg	52:12	177	M148	Dave Benyon	Dul R	56:07
128	M115	David Curtin M40	Strag	52:14	178	M149	Rob Zietz M60	SoC	56:09
129	M116	Graham Maynard M55	Camb	52:14	179	W28	Jillian Holford	TWH	56:11
130	M117	Matt Cooke M40	Dul R	52:19	180	M150	Daniel Denore	Croy	56:12
131	M118	Andy Regan M50	Beck	52:22	181	M151	Mark Foster M55	Dul R	56:16
132	M119	Simon Woodley M45	HW	52:30	182	W29	Megan Aitchinson	Kent	56:41
133	M120	Ian Riley	Strag	52:31	183	W30	Mia-Monique Storm W40	SyTri	56:42
134	M121	Glenn Quarton M60	SLH	52:37	184	W31	Ola Balme W50	Dul R	56:54
135	W13	Katie Styles W40	Dul R	52:39	185	M152	Martin Double M45	Dul R	56:58
136	M122	Ed Osborne M45	Beck	52:42	186	M153	Simon Brazil M55	Strag	57:07
137	W14	Gemma Carr Collins W40	AshRRC	52:44	187	M154	Peter Frost M55	E&E	57:15
138	M123	James Moore M50	Croy	52:45	188	M155	Terry Lapins	Croy	57:19
139	M124	Paul Moses M55	Ashf	52:49	189	W32	Michele Lennon W50	Dul R	57:20
140	M125	Mick Lane M60	Rane	52:51	190	M156	Jon Dean M60	SoC	57:26
141	W15	Clare Whitaker W40	Dul R	52:56	191	M157	Joseph O'Keefe U20	Croy	57:29
142	W16	Aurelia Osborne	Beck	52:58	192	M158	David Olver	Beck	57:34
143	W17	Sabrina Cant W40	Strag	53:19	193	W33	Leanne Bowler	Kent	57:35
144	M126	Lloyd Collier M45	Dul R	53:22	194	M159	Matt Kiernan	Croy	57:45
145	W18	Suzanne Swaine	HHH	53:22	195	W34	Yvette Dorre W45	Dul R	57:50
146	M127	Alex Francis	Ashf	53:24	196	M160	Andy del Nevo M50	Croy	57:53
147	W19	Madelain Armstrong-Pleith W40	Croy	53:45	197	M161	Mark Cahill M45	HW	58:00
148	M128	Richard Evans M60	HW	53:46	198	M162	Clem Dixon M60	Camb	58:13
149	M129	Mark Harrison M40	Ashf	53:48	199	W35	Ailis Goddard	AshRRC	58:14
150	M130	Paul Mitchell M55	SLH	53:53	200	W36	Katie Calacione W45	Beck	58:21

9	Dulwich R 'B'	(58-62-63-70-73-83)	409
10	Croydon H	(23-80-85-93-101-123)	505
11	Cambridge H	(33-64-68-76-116-162)	519
12	Epsom & Ewell H	(29-39-61-105-139-154)	527
13	Kent AC 'D'	(87-91-96-99-100-109)	582
14	Stragglers	(60-67-115-120-135-145)	642
15	Hercules Wimbledon AC	(38-95-106-119-128-161)	647
16	Ashford & District RRC	(90-94-112-124-127-129)	676
17	Dulwich R 'C'	(88-97-117-126-140-148)	696
18	Tunbridge Wells H	(25-131-132-137-146-166)	737
19	Beckenham RC	(118-122-141-158-165-168)	872
20	Croydon H 'B'	(134-150-155-157-159-160)	915

Coleman Cup (12-to-score)

1	Kent AC	346
2	Dulwich Runners	539
3	Kent AC 'B'	958

Womens Teams (6-to-score)

1	Belgrave H	(1-3-4-9-11-12)	40
2	Kent AC	(2-6-10-20-21-29)	88
3	Dulwich Runners	(5-7-13-15-22-31)	93
4	Ashford & D RRC	(14-35-38-50-54-57)	248
5	Herne Hill H	(8-18-37-47-69-74)	253
6	Dulwich Runners 'B'	(32-34-43-44-45-66)	264
7	Kent AC 'B'	(33-41-48-58-62-72)	314

Age group medals

M40	Micah Evans (B&B)	W40	Sam Amend (Belgrave H)
M50	Mark Tennyson (G&G)	W50	Clare Elms (Dulwich R)
M60	David Ogden (SLH)	W60	Ange Norris (Dulwich R)

Thanks to all who helped - especially to Kent AC who put on the event and laid out the course in the park that is hosting the Southern Championships in a few weeks time.

I was particularly pleased to get all the discs back for the second time this winter - perhaps the bright colours help on the new discs.

The SOT AGM will be in May after which we will circulate details of next years two races.

Geoff Newton
Hon Secretary

Don Turner
40 Rosedale Road
Stoneleigh

Happy Christmas & a Happy New Year to all

Epsom
Surrey KT17 2JH
020 8393 8950

I will give the medals for the winners, the winning teams & age group awards when I see those concerned.

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