

SOUTH OF THAMES CCA FIVE MILE TEAM RACE, 26th November 2022
Lloyd Park, Croydon

M	W			M	W			
1		Dominic Nolan	Croy	25:29	48	Luke Wakeling	Croy	30:52
2		Edward Chuck	Dul R	25:57	49	Sean Cordon	Dul R	31:02
3		Max Nicholls	Tonb	26:04	50	Douglas Aikman U20	Croy	31:10
4		Josh Trigwell	Belg	26:23	51	Wayne Lashley M40	Dul R	31:17
5		Cam Dockerill	Kent	26:51	52	Martin Harris M45	E&E	31:26
6		Johnny van Deventer	G&G	27:19	53	Mark Tennyson M55	G&G	31:17
7		Daniel Pettit	Kent	27:25	54	Andrew Aitken M40	SoC	31:26
8		Rob Armstrong	Dul R	27:32	55	Che Compton M45	Kent	31:30
9		Johnny Neville	Belg	27:42	56	Alex Lyne	SLH	31:33
10		Isaac Maxwell	Kent	27:45	57	Lee Flanagan M45	SoC	31:33
11		James Lyne	SLH	27:48	58	James Brown	HHH	31:34
12		Findley Dyer	Belg	27:49	59	Gareth Williams M45	Rane	31:35
13		Jake Bowles	AFD	27:51	60	Matt Stone M60	SoC	31:45
14		Conall McNally	Belg	27:55		W3 Catherine Kandie	Kent	31:51
15		Chris Busaileh	Kent	27:56		W4 Lucy Elms	Kent	32:03
16		James Boustead	Kent	28:00	61	Jack Harrison	SLH	32:18
17		Richard Lovejoy	AFD	28:09	62	Lee Tolentino	Croy	32:19
18		Matthew Speed	Kent	28:19	63	John Gilchrist	Kent	32:24
19		James Quinlan	AFD	28:32	64	Gavin Englefield M40	SLH	32:31
20		Dan Evans	DMV	28:41	65	Mohamud Haile M50	HHH	32:31
21		Michael McCarthy M40	Belg	28:42	66	Ben Stanton	Rei P	32:32
22		Neil Phillips M40	Kent	28:45	67	Richard Batchelor M45	AFD	32:33
23		Neil Wilson	Belg	28:48	68	Alex Loftus M45	Dul R	32:37
24		Jeff Cunningham M40	HHH	28:53	69	Alastair Low-Macrae	Dul R	32:38
25		Ade Russell M45	Dul R	28:59		W5 Jennifer Nandi	HHH	32:43
26		Jonathan Tipper M40	Kent	29:02	70	Daniel Ansell	Kent	32:46
27		Jamie Bannister	HW	29:02	71	Mike Boucher M40	AFD	32:48
28		Nick Tearle M50	G&G	29:08	72	James Burrows M40	Dul R	32:49
29		Ian Elwood	Kent	29:08	73	Simon Smythe M50	Rei P	32:50
30		Luke Rowland	Kent	29:10	74	Ian Davies M45	G&G	32:51
31		Joe Hallsworth	Dul R	29:10		W6 Caoimhe Fhogartaigh W45	Kent	32:56
32		Tom Lole	Belg	29:12		W7 Clare Elms W55	Kent	32:56
33		Steve Winder M50	E&E	29:12		W8 Laura Goodson	Belg	33:07
34		Calum Fraser	Kent	29:37	75	Conor O'Hara-Barrett	SoC	33:09
35		Peter Lighting M40	Kent	29:38	76	Andrew Georgeson	HHH	33:10
36		Andrew Cunine	Belg	29:45		W9 Julia Wedmore	HHH	33:12
37		Michael Longley	Kent	29:54	77	Jack Eaton	Kent	33:16
38		Rob Kelly	Belg	29:56		W10 Ella-May Hards	Belg	33:18
39	W1	Georgie Bruinvels	AFD	30:01	78	Erik Schrisnemaehers M40	SoC	33:21
40		Kay Davies U20	G&G	30:04	79	Gary Coleman M45	E&E	33:30
41		Will Cole	Dul R	30:20	80	Phil Pryke M50	G&G	33:32
42		Oliver Morris M45	HHH	30:21	81	Aaron Hudson	SLH	33:42
43		David Quinlan	AFD	30:25	82	Laurie Oliver	Kent	33:45
44		Hugh Stobart	Dul R	30:30	83	Liam Redond M40	SoC	33:52
45		Tatsuya Okamoto M40	SoC	30:34		W11 Bethany Brown	Belg	33:53
46	W2	Suzie Monk	G&G	30:37		W12 Suzanne Swaine W40	HHH	33:57
47		Thomas Sloan M45	Kent	30:39	84	Tom Carpenter	Kent	34:00
		Samuel Dames	Kent	30:45	85	Steve Corfield M60	SoC	34:10
		Tom Cameron	Rane	30:49	86	Marcos Palamares-Conde M45	Croy	34:11
		Peter Greerowski M45	Strag	30:50		W13 Sarah Crichton	Kent	34:11

M	W			M	W		
87		Max Dew	HW	34:14	W29	Consuelo Kennefick W50	SLH 36:47
88		Sum Mattu	Dul R	34:14	W30	Alicja Furmanczyk	Dul R 36:49
	W14	Mimi Corde-Lloyd	Bel	34:18	W31	Ella Waddingham W40	WW 36:52
89		Kerim Suruliz M40	SoC	34:21	W32	Jen Gutteridge	SoC 36:56
90		James Morris	Belg	34:23	122	John Foss M60	SLH 36:58
91		Terry Booth M55	G&G	34:29	W33	Claire Oxlade	Kent 37:02
92		George Thatcher	Croy	34:30	W34	Ally Whitlock W40	SoC 37:05
93		Tom Foster	HHH	34:32	W35	Sally Urquhart	Kent 37:05
94		Howard Jones M55	DMV	34:33	W36	Ruth Hutton W55	SLH 37:08
95		Ian Riley	Strag	34:34	123	Andy Allan M40	WW 37:22
	W15	Charlotte Kenyon	HHH	34:35	W37	Tessa Billups	SLH 37:25
	W16	Vic Cartwright W40	Kent	34:38	W38	Amy Billups	SLH 37:25
	W17	Ellie Freeden	Kent	34:45	124	Gareth George	E&E 37:26
	W18	Maeve Kenny	SLH	34:48	125	Jon Dean M60	SoC 37:27
96		Jonny Hough M45	Dul R	34:54	126	John Summers M40	SoC 37:28
97		Andy Hoseason M45	Strag	35:00	127	Mike Smalley	Croy 37:33
98		Tom Gillespie M50	SoC	35:02	128	Neil Aikman M50	Croy 37:36
99		Simon Bean M60	E&E	35:05	129	Henry Butt	Croy 37:36
100		Wayne flanagan	Kent	35:08	W39	Ola Balme W55	Dul R 37:53
101		Duncan Mallinson M45	Rei P	35:22	130	Chris Dyke	Croy 37:55
102		Jasper Ellis M50	AFD	35:24	W40	Helen Davies W50	HW 37:57
	W19	Rebecca Schulleri	Dul R	35:25	W41	Phoebe Baxter	Kent 38:00
103		Andrea Ceccolini M50	Dul R	35:25	131	Simon Webster M40	SoC 38:01
	W20	Bea Lafreniere W45	AFD	35:26	W42	Jillian Holford W50	TWH 38:06
104		Phil Burnett M55	DMV	35:31	W43	Ange Norris W60	Dul R 38:06
	W21	Nesrin Sabanci W35	Kent	35:32	132	Martin Double M45	Dul R 38:08
	W22	Sophie Vallis	AFD	35:41	133	Andrew Hislop M55	AFD 38:17
105		Robert Nagorski M55	HHH	35:42	134	Simon Brazil M55	Strag 38:34
106		Tom Haworth	Strag	35:44	W44	Laura Marshall W45	Croy 38:40
	W23	Sarah Dewhirst	Belg	35:47	135	Hugh Balfour M65	Dul R 38:41
107		Kevin Stroud M55	DMV	35:48	W45	Chloe Constantine W50	Sutt R 38:46
108		Simon Evans M55	HHH	35:49	W46	Georgina Ireland	GTitan 38:58
	W24	Mhairi Hall	Belg	35:50	W47	Eleanor Simmons W40	Dul R 39:00
109		James Moore M50	Croy	35:53	W48	Kate Styles W40	Dul R 39:02
110		Andy Perks M50	SoC	36:02	136	Andrew Patrick M55	Rei P 39:28
111		Graeme Drysdale M55	SoC	36:03	137	Luke Burden	SoC 39:29
112		Alastair Hall	Strag	36:11	138	Terry Lapins	Croy 39:29
113		James Thomas M50	E&E	36:13	W49	Pam Iannella W60	SLH 39:34
114		Stephen Jones M45	Kent	36:14	W50	Diana Dolce W40	SLH 39:41
	W25	Rebecca Gravell	Strag	36:15	W51	Emily Manners	TWH 39:47
	W26	Lucy Hoseason	Strag	36:16	W52	Jo Quantrill W60	SLH 39:51
	W27	Alexis Prince W40	Strag	36:20	139	Mark Cobbold M55	DMV 39:53
115		Colin Oxlade M60	Croy	36:25	140	Andy del Nevo M55	Croy 39:59
116		Sam Dorrans	Croy	36:25	W53	Caroline Welch W50	SLH 40:02
117		Dave Rayner M60	Rei P	36:31	141	John Barron M65	Kent 40:09
118		Gareth Pritchard M50	Strag	36:32	W54	Belinda Cotterill	Dul R 40:13
119		Mark Foster M55	Dul R	36:34	142	Andy Jowarth M55	Strag 40:22
120		Abdul Rahman Samid	Croy	36:41	W55	Nikki Javan W40	SoC 40:39
	W28	Ali Farrall W50	TWH	36:42	W56	Bernadette Maher W40	WW 40:41
121		Matt Kiernan	Croy	36:42	W57	Alice Foster	GTitan 40:46

M	W		M	W	
143	Michael Russell M55	TWH	40:56	W72	Abigail Edwards DMV 46:07
144	Andrew Catton M65	SCVAC	40:58	W73	Miriam de Sousa Croy 46:10
145	Phil Marsden M50	Kent	41:02	W74	Eibhlin Ni Bhradaigh W40 HW 46:17
146	William Arbury M55	E&E	41:09	W75	Penelope Cummings W45 HHH 46:36
	W58 Cindy Siu W40	SoC	41:18	W76	Sarah Allen W55 HHH 46:44
	W59 Marilyn Davis W60	Strag	41:29	W77	Sally Boultom W70 Strag 46:48
	W60 Heidi Dann W45	SLH	41:33	W78	Pam Clarke W65 Sutt R 47:18
	W61 Jessica Winfield	HHH	41:37	W79	Carol Tsang W45 TWH 47:19
147	Williams Brook M45	E&E	41:59	W80	Yaz Anderson W40 SoC 47:28
	W62 Claire Boynton	WW	42:02	153	Chris Edwards M60 DMV 47:31
148	Mike Mann M70	Dul R	42:24	154	James Harrison SoC 47:38
149	?	?	42:29	W81	Katy Buche W40 Sutt R 47:41
	W63 Izabel Grindal W55	Strag	42:40	W82	Jules del Nevo Croy 47:53
150	Dave West M60	Dul R	42:43	155	Keith Miles M40 Sutt R 48:55
	W64 Lesley McCarthy W45	GTitan	42:53	W83	Louise Johnson W55 GTitan 49:33
	W65 Emily Barrow	Strag	43:03	156	Dan Maskell M70 VAC 50:02
	W66 Ellen Walsh W50	HHH	43:09	W84	Frances Judith Shrimpton W60 Sutt R 51:28
151	Olatunde Adeyemo M65	SuttR	43:21	W85	Anna Durkie W40 Sutt R 51:49
	W67 Jo Mott	Kent	43:40	W86	Jay Brzask W45 SoC 51:53
	W68 Rose Sayer W50	TWH	43:43	W87	Elsa Santana W45 SoC 53:58
	W69 Katharyn Gladwee W50	GTitan	44:08	157	Lionel Gunn M60 Sutt R 54:09
152	Ho Yee Lam M45	SuttR	44:09	W88	Chrissie Glew W65 Strag 54:50
	W70 Ting Ting Au	SuttR	45:27	W89	Annabelle Hadlow W65 Kent 57:01
	W71 Lindsey Annable W50	Dul R	45:55		

Mens teams (four to score)

1	Kent AC	(4, 6, 9,14)	33
2	Belgrave H	(3, 8, 11, 13)	35
3	Dulwich R	(2, 7, 24, 30)	68
4	Kent AC 'B'	(15, 1, 21, 25)	78
5	Aldershot F & D	(12, 16, 18, 41)	87
6	Belgrave H 'B'	(20, 22, 31, 35)	108
7	Guildford & G	(5, 27, 38, , 53)	123
8	Kent AC 'C'	(28, 29, 33, 34)	124
9	Croydon H	(1, 48, 50, 62)	161
10	Kent AC 'D'	(36, 44, 45, 55)	180
11	Dulwich R 'B'	(39, 42, 49, 51)	181
12	Herne Hill H	(23, 44, 45, 55)	186
13	South London H	(10, 56, 61, 64)	191
14	Striders of Croydon	(43, 54, 57, 60)	254
15	Epsom & Ewell H	(32, 52, 79, 99)	262
16	Kent AC 'E'	(63, 70, 77, 82)	292
17	Striders of Croydon 'B'	(75, 78, 83, 85)	321
18	Dorking & Mole V	(19, 94, 104, 107)	324
19	Dulwich R 'C'	(68, 69, 72, 88)	327
20	The Stragglers	(47, 95, 97, 106)	345
21	Reigate Priory AC	(66, 78, 101, 117)	347
22	Aldershot F&D 'B'	(67, 71, 102, 133)	373
23	Croydon H 'B'	(86, 92, 109, 115)	402
24	Striders of Croydon 'C'	(89, 98, 110, 111)	408
25	Dulwich R 'D'	(96, 103, 119, 132)	450
26	Croydon H 'C'	(116, 120, 121, 127)	484
27	Striders of Croydon 'D'	(125, 126, 131, 137)	519
28	Epsom & Ewell H 'B'	(113, 126, 146, 147)	530

Mens teams (eight to score)

1 Kent AC	(33+78)	111
2 Belgrave H	(35+108)	143
3 Dulwich R	(68+181)	249
4 Kent AC (C & D)	(124+180)	304
5 Aldershot F & D	(87+373)	460
6 Croydon H	(161+402)	563
7 Striders of Croydon	(254+321)	575
8 Dulwich R (C & D)	(327+450)	777
9 Epsom & Ewell H	(262+530)	792
10 Striders of Croydon (C & D)	(408+519)	927

Womens teams (four to score)

1 Kent AC	(3, 4, 6, 7)	20
2 Herne Hill H	(5, 9, 12, 15)	41
3 Belgrave H	(8, 10, 11, 14)	43
4 Kent AC 'B'	(13, 16, 17, 21)	67
5 South London H	(18, 29, 36, 37)	120
6 Dulwich Runners	(19, 30, 39, 43)	131
7 The Stragglers	(25, 26, 27, 59)	137
8 Kent AC 'C'	(33, 35, 41, 67)	170
9 Striders of Croydon	(32, 34, 55, 58)	179
10 SLH 'B'	(38, 49, 50, 52)	189
11 Tunbridge Wells H	(28, 42, 51, 68)	189
12 Dulwich Runners 'B'	(47, 48, 54, 71)	220
13 Greenwich Titans	(46, 57, 64, 69)	236
14 Sutton Runners	(45, 70, 78, 81)	274
15 Herne Hill H 'B'	(61, 66, 75, 76)	278
16 The Stragglers 'B'	(63, 65, 77, 78)	293

I just have two discs missing from the mens race which I should like back

Don Turner